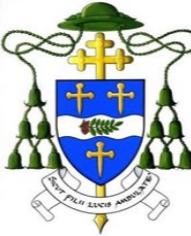




SACRED HEART PARISH

Sunday 4th January 2026
2nd Sunday of Christmas



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm, Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam: sacredheartparishbelfast.com/Webcam

~Mass Times~

Saturday Vigil: 6.00pm: Elizabeth & Jim McAleese, Anniversary Mass

Sunday Masses: 9:30am:
11:30am:

Weekday Masses: Tuesday 7:00pm: Novena John Maguire, 1st Anniversary Mass
Wednesday 10:00am:
Friday 10:00am: Rebecca Tierney, Month's Mind Mass

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

3rd January
St Muchin
6th January
Epiphany of the Lord
7th January,
St Raymond of Peñafort

~Recently Deceased~

Shelia Inglis
Stephen Cooper
Anthony Killen

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Josephine Markey
James Shields
Jean McGibbon
Brendan Murphy
Eddie Murphy
Mr & Mrs Joe Gallagher

*A Donation of £5 per candle
is greatly appreciated*

~Weekly Collection~

Will update next week

The Parish Thanks You For Your Kindness
And Generosity

~Anniversaries~

Hugh & Mary Fenton
Paul Robinson
Sarah Connelly

Eternal rest grant unto them, O Lord

~Baptisms~

Welcome into our community
Dáire James Gillen

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY

*A Happy, Healthy & Blessed New Year
To You All*



**Christmas Message from Bishop Alan McGuckian
December 2025**

My dear brothers and sisters,

Each Christmas calls us to pause and reflect on the profound mystery of God's love. We are reminded that Jesus Christ, the Son of God, the herald of Peace, Joy and Hope, was born into the fragility and humility of a manger.

The same God who loved with a human heart remains always with us. In the midst of the human experience of ongoing conflict and vulnerability, the challenge of increasing secularism, and the threat of political and economic insecurity, God will always be with us.

Our thoughts and prayers continue to be with our suffering sisters and brothers across the world in places such as East Africa, Palestine, Somalia, Syria, Ukraine and Yemen. Closer to home, we were recently reminded of the agonising wait of the families of the Disappeared, who want to give a Christian burial to their loved ones. May God bless the work of all agencies and individuals who hear the cry of God's children and are taking action to respond throughout the world and here at home to the needs of the vulnerable, the stranger and the lonely.

Christmas reminds us that we have a dignity and value that comes from being created in the image and likeness of God. In a world where this dignity is often threatened, we are called to be guardians of the inherent dignity of every individual. It is the child born at Christmas who grounds and inspires our conviction of the dignity of every child of God. I pay tribute to parents and teachers who pass on the faith to new generations guiding them with the Truth of Christian values and virtues like the wise men who were guided by the Christmas star.

May God bestow his blessing upon all of you this Christmas and into the new year, as you continue to contemplate the face of the Christ-child, the herald of Peace, Joy and Hope.

Nollaig Shona daoibh uilig.

+Alan McGuckian SJ
Bishop of Down and Connor

St Patrick's Academy Ballinderry Road, Lisburn BT28 1TD, Open Night. We look forward to welcoming you to our Open Night on Thursday 15th January 2026. 6.30pm - 8.30pm. Principal's address at 6.30pm. visit www.stpatsni.co.uk or telephone 028 92664877 for more information.

St Malachy's College will be holding Open Nights on Wed 14th and Thurs 15th January 2026 from 7-9.30pm. Principal's Address at 8pm in the College Hall. 36 Antrim Rd, Belfast. For more info call 02890748285 or visit www.stmalachyscollege.com

Chatty Café. Open Wednesday & Friday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.

The Spred Group will finish on Monday 9th December until the new year.

The Stitch and Crocheting Group will be back on the 9th of January.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

Al-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara
07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee